



# 40<sup>th</sup> ANNUAL RUN THRU HISTORY 3/2/2019

**Schedule:** Friday, March 1: Pre-race packet pickup and late registration 5:00-8:00 pm. at the Hampton Inn across from the Military Park. **FREE spaghetti dinner for the first 200 athletes!**

Saturday March 2: Pre-race packet pickup and late registration at the Military Park from 7:00 - 7:50 a.m.

8:00 a.m. - 10K Run begins

8:05 a.m. - 5K Walk begins

1-Mile Fun Run to begin immediately following conclusion of run and walk.

**Where:** Course winds through beautiful Vicksburg National Military Park.

**Pre-register:** Online at [runthruhistory.org](http://runthruhistory.org) or by mail, post marked no later than Monday, February 25, 2019.

**Entry Fees:** Pre-registered: \$25 - 10K Run; \$25 - 5K Walk; FREE - 1 Mile Fun Run (ages 12 & under-includes T-shirt and finisher ribbon for the first 100 registered) After Feb. 26: \$30 - 10K Run; \$30 - 5K Walk

**Race Amenities:** Race shirt (first 800 guaranteed), refreshments and live music

**Awards & Age Groups:** Overall, Masters Overall, Grandmasters Overall, and Senior Masters will be presented in the 10K Run and 5K Walk; male and female 1st, 2nd and 3rd place for 10K Run and 5K Walk in the following age groups:

14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & Over

1-Mile Fun Run age groups include: Overall; 0-5, 6-7, 8-9, 10-12

Vicksburg YMCA is not responsible for packets or trophies not claimed on race day.

**Corporate/Civic Teams:** Contact Dorothy Arnold at [dorothy@vicksburgymca.com](mailto:dorothy@vicksburgymca.com)

For more info, call the Y at 601-638-1071 or visit online at [runthruhistory.org](http://runthruhistory.org)

Please Circle:	10K Run	5K Walk	1 Mile Fun Run	Please Circle:	Male	Female	
Name:	_____		Age on 3/2/19:	_____	DOB:	_____	
Address:	_____		Phone Number:	_____			
City/State/Zip:	_____		Email:	_____			
Vicksburg SLAM Member # (if applicable)	_____						
Shirt Size: (Circle one)	YM	YL	AS	AM	AL	AXL	AXXL (\$2 extra)
<p>I hereby certify that I am adequately fit to participate in this race. In consideration of the acceptance of this entry, I, the undersigned, for myself, my personal representative, beneficiaries, and heirs, agree to defend, indemnify and hold harmless the Junius Ward Johnson Memorial YMCA, Vicksburg National Military Park, and/or any other sponsors, organizers and volunteers and assigns of any and all rights and claims which I have or may here after accrue to me or my estate for any and all injuries or death suffered by me in this event. I will also allow my picture and name to be used in publication as a result of this race.</p>							
Signature:	_____		Date:	_____			
(A parent or legal guardian must sign for all participants under the age of 18.)							

Mail checks to Vicksburg YMCA, 267 YMCA Place, Vicksburg, MS 39183